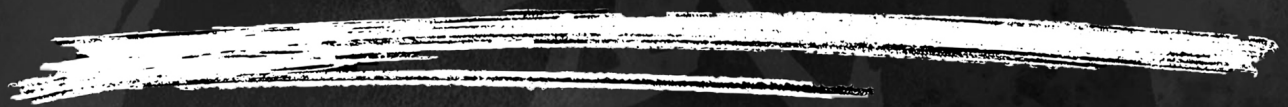


FUJIDOSHIN



K1 KICKBOXING

SAFEGUARDING  
POLICY

January 2026

# Fudoshin K1 Kickboxing – Full Safeguarding Policy

## 1. Policy Statement

Fudoshin K1 Kickboxing is fully committed to safeguarding and promoting the welfare of children, young people, and vulnerable adults. We believe everyone has the right to train in a safe, supportive, and respectful environment free from abuse, harm, or exploitation.

This policy outlines our safeguarding principles, responsibilities, and procedures in line with UK safeguarding legislation and best practice guidance for sport and community organizations.

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## 2. Scope of This Policy

This policy applies to: - All coaches, assistant coaches, and volunteers - Students under 18 - Vulnerable adults - Parents and carers - Anyone acting on behalf of the club

It applies to activities within the gym, at competitions, external events, online spaces, and any club-related activity.

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## 3. Safeguarding Principles

We are guided by the following principles: - The welfare of the child is paramount - All children have the right to protection from harm - Safeguarding is everyone's responsibility - Concerns and disclosures must be taken seriously and acted upon - Early intervention is essential

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## 4. Legal Framework (UK)

This policy aligns with relevant UK safeguarding legislation and guidance, including: - Children Act 1989 & 2004 - Working Together to Safeguard Children - Keeping Children Safe in Education (principles applied to sport) - Safeguarding Vulnerable Groups Act 2006 - Data Protection Act 2018 / UK GDPR

The club will cooperate with statutory safeguarding agencies where required.

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## 5. Definitions

### Child

Anyone under the age of 18.

### Vulnerable Adult

Any one over the age of 18 who may be unable to protect themselves due to age, disability, illness, or circumstance.

### Safeguarding

Protecting a person's health, wellbeing, and human rights, enabling them to live free from harm, abuse, and neglect.

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## 6. Types of Abuse

Abuse may include but is not limited to:

### Physical Abuse

Any kind of physical chastisement eg: Hitting, shaking, or causing physical harm.

### Emotional Abuse

Intimidation, humiliation, or persistent criticism.

### Sexual Abuse

Any sexual activity involving a child or vulnerable person, including grooming or exploitation.

### Neglect

Failure to meet basic physical or emotional needs.

### Bullying

Including cyberbullying and peer-on-peer abuse.

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## 7. Roles and Responsibilities

### Club Leadership

- Ensure safeguarding policies are implemented and reviewed
- Provide a safe training environment
- Support safeguarding training and compliance

### Designated Safeguarding Lead (DSL)

Responsible for: - Managing safeguarding concerns and acting within a 24 hour time frame  
- Maintaining secure records - Liaising with external agencies - Supporting staff and volunteers

**DSL Name:** Samantha Dixon

**Email:** safeguarding.fudoshink1@gmail.com

**Phone:** 07496489181

### Coaches and Volunteers

- Maintain professional boundaries
- Report concerns/ disclosures immediately to the DSL – logging within an hour
- Follow safer working practices

### Parents and Carers

- Share relevant welfare information, including new contact details etc
- Support safeguarding procedures
- Report concerns where appropriate

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## 8. Safer Recruitment

Where roles involve working with children or vulnerable adults, the club will: - Conduct DBS checks where required - Verify identity and experience - Provide safeguarding guidance and expectations - Apply a probation period where appropriate

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## 9. Training and Awareness

The club aims to ensure: - Safeguarding awareness for all coaches and volunteers - DSL-specific safeguarding training - Regular policy updates and refreshers - Safeguarding information accessible to families

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## 10. Professional Boundaries

All staff and volunteers must: - Avoid being alone with a child where possible – adopt an own door policy - Maintain appropriate physical and emotional boundaries - Avoid private messaging with minors without transparency - Use appropriate language at all times – ensure personal social media accounts are privatized to children

Any breach of professional boundaries will be taken seriously.

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## 11. Physical Contact Guidance

Martial arts training will involve some physical contact. The club will ensure: - Contact is appropriate, necessary, and explained - Respect for personal boundaries - Consent where appropriate - Sensitivity to cultural and individual needs

Students have the right to raise concerns about contact.

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## 12. Online Safety

The club recognizes risks in online environments and will: - Promote respectful online behaviour - Avoid private 1-to-1 messaging with minors where possible - Require consent for sharing images of children - Address cyberbullying concerns promptly

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## 13. Photography and Filming

- Consent must be obtained for images of children to be taken by the club
  - Images must be used appropriately and securely by the club
  - No unauthorized filming in changing areas by anyone
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## 14. Responding to Safeguarding Concerns

All concerns must be taken seriously.

### If Someone Is in Immediate Danger

- Call emergency services (999)
- Inform the DSL as soon as possible

### If a Disclosure Is Made

- Stay calm and listen
- Do not ask leading questions/ assume

- Do not investigate
- Do not promise confidentiality
- Reassure the individual

## Recording a Concern

Record: - Date, time, and location - What was said or observed - Names of those involved - Your name and role

Records must be factual and stored securely.

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## 15. Reporting Procedure

1. Recognize a concern
2. Ensure immediate safety
3. Record factual information
4. Report to the DSL immediately
5. If you believe a child is in immediate danger – DO NOT let them leave the club
6. Where appropriate, always call home after dealing with an issue to see if the parent would like to collect

If the DSL is unavailable, escalate to a deputy or senior coach.

The DSL will determine next steps, including external referrals where required.

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## 16. Whistleblowing

The club supports a culture where concerns can be raised without fear of retaliation.

Whistleblowing may include: - Poor safeguarding practice - Misconduct by staff or volunteers - Cover-ups or failure to report concerns

Concerns will be handled sensitively and appropriately.

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## 17. Confidentiality and Information Sharing

Safeguarding information will be: - Shared on a need-to-know basis - Stored securely - Shared with authorities where required

Confidentiality will not and must not be guaranteed where a person is at risk of harm.

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## 18. Managing Allegations Against Staff

If an allegation is made against a coach or volunteer: - The DSL will take immediate action - The individual may be suspended pending investigation - Relevant authorities may be informed - The club will follow fair and lawful procedures

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## 19. Supporting Those Affected

The club will aim to: - Support victims and those raising concerns - Treat all parties fairly - Cooperate with safeguarding agencies

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## 20. Policy Review

This policy will be reviewed annually or sooner if: - Legislation changes - Safeguarding incidents occur - Best practice guidance is updated

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## 21. Contacts

### Designated Safeguarding Lead

Name: Samantha Dixon

Email: [safeguarding.fudoshink1@gmail.com](mailto:safeguarding.fudoshink1@gmail.com)

Phone: 07496489181

### Emergency

Police / Emergency Services: 999

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## Declaration

Fudoshin K1 Kickboxing is committed to maintaining the highest safeguarding standards and creating an environment where all members feel safe, respected, and supported.

### **Fudoshin K1 Kickboxing**

Discipline. Respect. Safety. Excellence.